Raquel Tellez shaves off her brother Hector’s thick black hair at a UI Hospital fundraiser for St. Baldrick’s Foundation, which supports research against pediatric cancer. Hector was one of three family members who went under the razor for the 19-year-old college student. St. Baldrick’s provides funding for a clinical trial partnership between UIC, Rush and Stroger medical centers. Read more on page 5.

Close shave against pediatric cancer
C. Murray Ardies writes the book on being healthy

By Gary Wisby

When he came out with The Optimal Health Guide in 2007, C. Murray Ardies was just getting started. That book contained only 70 pages "with lots of cartoons," Ardies said. With 350 to 450 pages, his new book is much more ambitious.

Its working title is Chronic Disease: the Biological Basis of Prevention Through Diet and Exercise.

"There's nothing like it in terms of molecular mechanisms of disease etiology [causation]," said Ardies, adjunct assistant professor of kinesiology and nutrition in the College of Applied Health Sciences.

"It's an in-depth review of current research on biological mechanisms of the etiology of disease, and how different components of diet and exercise can modify those mechanisms."

Ardies' previous book "was meant to be a summary of what good diets look like, and recommendations for weight control," he said.

"It wasn't written for scientists and physicians, but for the layperson."

Ardies' name is the only one that will appear on the cover of the new book — "I'm the editor, I organized it and got the authors together" — but 13 others from all over the country and Canada shared the writing.

"That's a pile of people to put something like this together," he said.

"Some of them I've known for many, many years. I called them up and said, 'I've got a project, would you like to join?' They joined because they feel it's a worthwhile goal."

"You really want top-notch people for this type of work."

Milie Fang, UIC pre-med student and "I Am UIC" blogger, contributed the graphics.

Scheduled for publication in January 2014, the book has chapters on regulation of hunger, hypertension, diabetes and metabolic syndrome, heart disease, osteoporosis, cancer, inflammation and degenerative neurological disease.

Ardies wrote the introduction, the chapter on inflammation, the final chapter and summary conclusions. He's co-author of the chapters on heart disease and cancer.

"One of the consulting editors of CRC Press asked me to prepare the book," he said. "She liked some of the writings I'd done."

Ardies founded Shakalyn Enterprises to handle his business of consulting for physicians, making presentations and analyzing court testimony by defense and prosecution witnesses for future cases.

"Shakalyn" combines the first letters of his three daughters’ names: Shawnee, who is 25; Katrina, 23; and Lynette, 22.

He later changed the name to Frozen Crocus Productions.

"I'm from Canada — Winnipeg in Manitoba, where the crocus is the provincial flower," Ardies explained. "You can imagine the weather and know why it's frozen."

He earned his bachelor's degree at the University of Manitoba and master's from Northern Michigan University.

Ardies’ doctorate is from the University of Texas at Austin; his dissertation was on the interaction of alcohol and exercise on mitochondrial function in cells.

He spent three years at the Icahn School of Medicine at Mount Sinai in New York City as a postdoctoral trainee in alcohol toxicity, and two years at Stanford Medical School.

There he carried out two projects, purifying and cloning the gene to a steroid-binding protein in yeast and working on immune mechanisms of anesthetic and alcohol toxicity.

In 1989 he joined Northeastern Illinois University, where he is a professor of exercise and health science. His adjunct position at UIC began in 2007.

He has been associate editor of Nutrition & Cancer: An International Journal since 2005.

If you're curious, the "C" of C. Murray Ardies stands for Curtis. But he's always been called Murray; after his grand-

mother, Anna Murray Ardies.

He is 58 but looks 20 years younger — possibly because of his exercise regime. He participated in the 2010 Chicago Triathlon — swimming, bicycling and running — and looks forward to competing in more.

Ardies bikes 10 miles to UIC from his home across the street from NEIU.

"My wife works out with me," he said. "She's my training partner. We've been married 35 years and I've been working out with her a long, long time."

Patrice "Patty" Ardies is a school aide for special education at Peterson Elementary School, three blocks from their house in the North Park neighborhood.

She lifts weights and runs with Ardies three days a week and bikes with him three other days. He swims alone three mornings a week.

"The only time we have together is working out," Ardies said. "After 35 years, you either kill each other or you're really good with it. We're really good with it."

C. Murray Ardies is working on a new book about how diet and exercise can prevent some diseases. "There's nothing like it in terms of molecular mechanisms of disease etiology [causation]," says Ardies, adjunct assistant professor of kinesiology and nutrition.

"We humans have the senses that we are born with and we can't extend them. But there are some threats which are deadly, but we can't sense them, like radiation. Electronic sensors can feel those threats."

Victor Mateevitsi, doctoral candidate in computer science, describes the "SpiderSense" suit he created, Feb. 22 New Scientist

"There is a real potential for a long-term downshift in wages across the country."

Howard Wial, executive director of the Center for Urban Economic Development, on the danger of two-tier wage systems, Feb. 25 The Nation

"Whereas teachers have this public profile, the nondescript, hardworking people behind counters somewhere, reading a file, addressing a complaint, people never come in contact with them."

Robert Bruno, professor and director of the Labor Education Program, on why there might be less public support for a strike by Illinois state employees than Chicago teachers, Feb. 24 Peoria Journal Star
FEBRUARY 27, 2013 | UIC NEWS | www.uicnews.uic.edu

Educating employees on reporting requirements
By Christy Levy

All employees must complete an online training program next month after changes to a state law that make university personnel mandatory reporters of abuse and neglect of minors.

Employees will receive an email Monday with their log-on information to complete the online training program, which educates the campus about changes to the Abused and Neglected Child Reporting Act.

“The law expanded the types of individuals who are now mandated reporters under the law,” said Maureen Parks, executive director and associate vice president of human resources.

“The law provides definitions of abuse and neglect. It’s up to us to educate our employees on what those standards are and when they should call the university police, or DCFS, or both.”

The training should take about 15 minutes and must be completed by April 1. Employees will receive reminders throughout the month of the deadline, Parks said.

Starting Thursday, new employees will complete the training as part of the NESSIE New Hire process. A paper-based training program will be given to employees without computer access in May, Parks said.

University employees who work primarily with minors already take a more in-depth training course on recognizing abuse and neglect in children and will continue those programs in addition to the online training, Parks said.

“The online training is really just an educational program to let you know what you should be aware of to recognize abuse and neglect and who to report it to,” she said.

“For those employees who interact with minors day-to-day, they already complete more expanded training through their unit and department as a best practice.”

For more on the Abused and Neglected Child Reporting Act, visit http://bit.ly/YVpL0R christyb@uic.edu

Mandatory training

Online training on the Abused and Neglected Child Reporting Act must be completed by April 1.

Start-up team advances to South By Southwest match
By Christy Levy

When Soojin Jun’s father died of cancer, she became his sole caregiver.

After several trips with her dad to the emergency room, then trying to manage his medication, she saw a problem with the health care system that she wanted to fix.

Once patients are released from the emergency room, there’s really no one to manage their care, she said.

“For me, without any knowledge of the medical or pharmacy field, I had no idea what to do,” she said.

After her father died, Jun was inspired to enroll in UIC’s College of Pharmacy with the goal of improving patient care.

Jun had an idea: now she needed a business plan. She took an entrepreneurship course in the College of Business Administration. Then she formed a start-up company, Health on Time, with pharmacy classmates Jennifer Mourafetis, Kristen Karlsten and Amata Sok.

The team is developing a smartphone medication therapy management application. It uses electronic health records to connect patients with health care providers, continuing care after a patient has been released from the hospital.

“If there’s an issue, the patient should be able to communicate effectively with all of the parties involved,” Jun said. “We want to close the gap and make the care continuous.”

The students compete March 9 against seven other teams in the national finals of the Student Startup Madness tournament at South By Southwest Interactive in Austin, Texas.

UIC’s team advanced to the finals from a pool of 64 college student startup teams.

All pharmacists can perform medication therapy management reviews after viewing lab results and talking to patients’ providers.

A smartphone app that coordinates care is “convenient,” Jun said.

The team members are all in their fourth year of pharmacy school, which means balancing their company with full-time rotations.

“I wonder what he would say if he listened to Fox News or talk radio,” she said. “I get so many wounds on me I have to wash my mouth out with chardonnay.”

Campaign finance reform is another great need, said Brazile, who managed Al Gore’s run for president. “You don’t need $3 billion to manage and win a campaign,” she said.

In the Q and A session after her talk, Brazile was asked how she maintains her poise.

“Now and then I lose my cool,” she confessed. “I have a problem when people talk about poor people who don’t want to get up and go to work.”

When her temper does blow, she said, “I go to blasting the truth, and I go home and wash my mouth out with chardonnay.”

For more information about Health on Time, visit https://gust.com/c/health_on_time christyb@uic.edu

Fighting for ‘life, liberty, pursuit of happiness’

By Christy Levy

Donna Brazile speaks with the soft drawl of her native New Orleans, but she carries a big stick.

Brazile, a regular contributor on CNN and ABC, is a fighter, she told a campus audience Feb. 19 at Student Center East.

“I got so many wounds on me I have to keep my clothes on,” she said.

The political strategist delivered the keynote address of UIC’s Black History Month.

She noted that the month started as a week, in 1926, and with its growing popularity and the power of the civil rights movement, expanded to a month in 1970.

“The measure of a country’s greatness is its ability to retain compassion in times of crisis,” Brazile said, quoting Thurgood Marshall.

“I wonder what he would say if he listened to Fox News or talk radio,” she said.

Citing the phrase “life, liberty and the pursuit of happiness” from the Declaration of Independence, Brazile said it is “not yet reality.”

When so many Americans lack adequate health care as business executives rake in record profits while opposing a minimum wage hike, “something is wrong with this picture,” she said.

Brazile, who is vice chair of voter registration for the Democratic National Committee, noted that she first took up the task of registering voters years ago at the behest of the Rev. Jesse Jackson.

She continued her work until “the day I saw Barack Obama take the podium, and if I keep working I may some day see a woman on the podium, or a lesbian.”

On another question involving voting, she decried the wrongs of redistricting.

“My two sisters [in Louisiana] are in the same district and live 90 miles apart,” she said. “It’s outrageous.”

Both parties are to blame, she said.

“Not all Republicans are bad …[good ones] are few and far between, but they exist.”

UIC’s Health on Time team competing at South By Southwest March 9: Soojin Jun (from left), Amata Sok, Jennifer Mourafetis and Kristen Karlsten.
Emergency preparedness
A new UIC Ready website provides resources on how the campus can best prepare for and minimize disruptions in case of emergency.

The site, www.ready.uic.edu, includes UIC's Emergency Operations Plan, an interactive emergency guide, information about training and exercises and more.

For more information, email dibrah1@uic.edu

Free lunch, conversation
The Jane Addams Hull-House Museum’s “Re-Thinking Soup” series Tuesday highlights the relationship between worker conditions and food safety.

Enjoy free soup from noon to 1 p.m. at the museum and join the conversation on wage theft, paid sick days for workers, and the connection between worker conditions and food safety.

The featured speaker is Saru Jayaraman, director of the Food Labor Research Center at the University of California, Berkeley, and author of Behind the Kitchen Door: What Every Diner Should Know About the People Who Feed Us.

For more information, call 312-413-5353.

Summer sustainability institute
Applications are being accepted for UIC’s annual Summer Institute on Sustainability and Energy, set for Aug. 5 to 16.

The institute is a two-week intensive workshop and lecture series. This year’s focus is sustainable transportation.

Senior-level undergraduates and graduate students can apply. As many as 80 students from across the country will be accepted.

For more information or to apply, visit http://sise.phy.uic.edu/

Alumni access
Members of the U of I Alumni Association who have a sustaining or life membership have access to and can borrow materials from the Library of the Health Sciences and Daley Library.

A sustaining membership is $50 per year; life membership is granted when a member has donated $1,000 to the alumni association.

For more information, visit www.uiaa.org.

Money for students
Friday is the deadline to apply for 17 awards from the Scholarship Association for UIC.

Most of the scholarships, which range from $400 to $2,000, are for students in any major.

Requirements vary, including academic achievement, campus and community involvement and financial need.

Apply online at www.uic.edu/depts/oaa/scholar/

Recognizing volunteerism
Nominations are due March 8 for the Chancellor’s Student Service and Leadership Awards.

The awards, open to all UIC students, recognize volunteerism and humanitarian work.

Winners will be recognized April 18 at the 41st Annual Chancellor’s Student Service and Leadership Awards program.

For more information, visit http://sldvs.uic.edu/

Get involved
UIC students and employees interested in a greener campus can join the Chancellor’s Committee on Sustainability and Energy.

The group sets goals for improving UIC’s energy and sustainability performance and proposes ideas for making the campus more sustainable.

Interested? Email bcegl62@uic.edu

Library resource
UIC Library users now can search 148 academic and research libraries in Illinois with Summon, a one-stop search engine.

With Summon, users can find books, journal articles, archival materials, data and more from the Consortium of Academic and Research Libraries in Illinois, as well as from websites.

Users can access the materials through interlibrary loan. Real-time availability of each item is displayed so users can easily place holds and requests.

Click on the “Summon” tab on the UIC Library website (library.uic.edu) to search.

New school health care center serves Brighton Park
By Sherri McGinnis Gonzalez

A new health center will provide care for students in Chicago’s Brighton Park neighborhood, a medically underserved community through a partnership with UIC and UI Health.

The Davis Health and Wellness Center at 3050 W. 39th Place, the first school health center in the Brighton Park community, will serve students of Davis Elementary, Burroughs Elementary and other Brighton Park schools.

The federally qualified health center is a partnership of UI Health, the UIC Office of Community Engagement and Neighborhood Health Partnerships, Mile Square Health Center, the Brighton Park Neighborhood Council and the Chicago Public Schools.

The health center is funded through two grants from the Health Resource and Service Administration and the Blue Cross Blue Shield Foundation of Illinois.

Because Brighton Park is a medically underserved community with a shortage of health care providers, plans call for the clinic to eventually serve family members and community residents.

The clinic, a nurse practitioner practice, is staffed by advanced-practice nurses, a mental health professional, nurse educator, nutritionist and support staff. Three community outreach workers will help families prepare for changes under health reform.

The Davis center is one of four school-located health centers sponsored by UI Health. The others are at Young Women’s Leadership Charter School, 2641 S. Calumet Ave.; National Teachers Academy, 55 W. Cermak Road; and Hope Health and Wellness Center, 1628 W. Washington Blvd.

All serve an educational role as practice sites for UIC student health professionals.

The clinic officially opened with a ribbon cutting Feb. 19 and a tour of the facility for children, their families and community members.

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University of Illinois Chicago

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Hair raising good deeds

By Sherri McGinnis González

The conference room was ankle-deep in hair Thursday, after UIC staff, volunteers, families and friends went under the razor for the UI Hospital's sixth annual St. Baldrick's fundraiser.

The St. Baldrick's Foundation grew out of an idea among three friends: to shave their heads for donations to help kids with cancer. That was in 1999.

Today there are thousands of volunteer-organized events around the world, with participants gathering pledges, then undergoing voluntary baldness.

James Kelly, a senior project coordinator in civil and materials engineering at UIC, was the top participant at last week's event, raising $3,205.

His youngest daughter Danielle was diagnosed with a brain tumor nearly 15 years ago; she's currently undergoing another year of chemotherapy treatment.

CBS 2 cameraman Lou Kleinberg — joined by his son Ben — turned the camera on himself as his head was shaved to raise $2,155 at the hospital event. A CBS 2 crew team raised an additional $2,380.

Last year St. Baldrick's volunteers around the world raised more than $30 million to fund research by the Children's Oncology Group, a national association of institutions that includes UIC, Rush and Stroger medical centers.

St. Baldrick's recently awarded a one-year, $200,000 infrastructure grant to the UIC-Rush-Stroger partnership to conduct additional research and increase the number of young patients enrolled in clinical trials.

"We are so excited to have our patients and our families who are healthy participating now, when they've suffered so much," said Mary Lou Schmidt, chief of pediatric hematology/oncology.

"And it's all because of the clinical trials and the opportunities through the Children's Oncology Group — and that's what St. Baldrick's supports."

Another head-shaving event will be held at UIC Campus Housing April 5. To participate in the upcoming event or donate to either fundraiser visit www.stbaldricks.org and search for University of Illinois at Chicago.

smcginn@uic.edu
Half of American adults aged 30 and over — nearly 65 million — have periodontal disease, according to the Centers for Disease Control and Prevention. But the condition doesn’t just affect the mouth. If left untreated, periodontal disease can lead to tooth loss, but research has shown that it is also associated with other chronic inflammatory diseases, such as cardiovascular disease and diabetes, said Phillip Marucha, professor and head of the department of periodontics in the College of Dentistry.

For National Periodontal Health Month, the college’s postgraduate clinic is offering free periodontal evaluations through Friday.

The assessments will gauge an individual’s periodontal health, diagnose existing disease, assess risk for disease and determine any needed treatment.

The screenings will be conducted daily from 9 a.m. to 12:30 p.m. and 1:30 p.m. to 4:30 p.m. No appointment is necessary.

Periodontal disease is a chronic inflammatory disease that affects the gum tissue and bone supporting the teeth. Symptoms of gum disease include bad breath that won’t go away, red or swollen gums, tender or bleeding gums, painful chewing, loose or sensitive teeth, and receding gums or longer appearing teeth.

Several risk factors are associated with periodontal disease, including smoking, hormonal changes in females, other diseases such as cancer or AIDS, medications and genetics, said the U.S. Department of Health and Human Services. People usually don’t show signs of gum disease until they are in their 30s or 40s, and it is more prevalent in men. The key to avoiding gum disease is to keep the teeth and gums healthy, said Saba Khan, clinical assistant professor and director of UIC’s postgraduate periodontics program.

Individuals can do so by brushing their teeth twice daily with fluoride toothpaste and flossing regularly to remove plaque from between teeth. Every patient should receive a periodontal evaluation annually, she said.
March 5, 2013, 12:00–1:00 PM  
Jane Addams Hull-House Museum Dining Hall  

**Behind the Kitchen Door**  
Sustainable Restaurants: Labor Practices, Working Conditions and Wages in American Restaurants  
*A Re-Thinking Soup Lecture with the Jane Addams Hull-House Museum*

Saru Jayaraman  
Co-director, Restaurant Opportunities Centers United (ROC-United) and Director of the Food Labor Research Center at the University of California, Berkeley. After 9/11, together with displaced World Trade Center workers, she co-founded ROC in New York, which has organized restaurant workers to win workplace justice campaigns, conduct research and policy work, partner with responsible restaurants, and launch cooperatively-owned restaurants. ROC now has 10,000 members in 19 cities nationwide. The story of Saru and her cofounder’s work founding ROC has been chronicled in the book The Accidental American. Saru is a graduate of Yale Law School and the Harvard Kennedy School of Government. She was profiled in the New York Times “Public Lives” section in 2005, and was named one of Crain’s “40 Under 40” in 2008, 1010 WINS’s “Newsmaker of the Year,” and one of New York Magazine’s “Influentials” of New York City. Saru co-edited The New Urban Immigrant Workforce, (ME Sharpe, 2005) and authored Behind the Kitchen Door, forthcoming from Cornell University Press.

### Upcoming Lectures

**Food Justice and American Injustice**  
Eric Schlosser, Author of “Fast Food Nation”  
April 4, 2013, 5:00–6:00 PM  
Welcome by UIC Chancellor Paula Allen-Meares  
University of Illinois at Chicago  
Student Center East  
*This event is affiliated with the Institute for the Humanities*

**Why Health Disparities Matter**  
Dr. M. Roy Wilson, Deputy Director for Strategic Scientific Planning and Program Coordination  
National Institute on Minority Health and Health Disparities  
April 10, 2013, 4:00–5:00 PM  
University of Illinois at Chicago  
College of Medicine Research Building, Moss Auditorium

**Wise and Effective Academic Governance in an Age of Challenge**  
Larry R. Faulkner, President Emeritus  
The University of Texas at Austin  
April 17, 2013, 4:30–5:00 P.M.  
University of Illinois at Chicago  
Student Center West, Thompson Room  
*This event is cosponsored by the Office of the UIC Senate*
Send information about campus events to Christy Levy, christyb@uic.edu

FEBRUARY 27 IN HISTORY

Mardi Gras kicks off

Feb. 27, 1827: The Mardi Gras celebration begins when a group of students, wearing masks and costumes, dance through the streets of New Orleans. Each year, about 400,000 people travel to the city for the colorful Mardi Gras celebrations.

HIGHLIGHT

“The Bluest Eye”

Through March 3

UIC Theatre production of Toni Morrison’s work, directed by Derrick Sanders. 7:30 p.m. Feb. 28-March 2; 2 p.m. March 3; and noon Feb. 27, UIC Theatre, EPASW

FEBRUARY/MARCH

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BLACK HISTORY MONTH

For more information, call 312-413-5070 or visit uic.edu/depts/campusprograms/

February 28

“Authentic Leadership and Service”
Diane Primo, co-founder and co-chairman, IntraLink Global, and co-chairman, Primo Center for Women and Children. UIC Honors College Leadership Lecture Series. 12:30 p.m. 121 BH

March 13

“Fuerza Latina: A Paradox of Success and Hardship”
Sylvia Puente, executive director, Latino Policy Forum. Phillip J. Bowman Lecture, hosted by the Institute for Research on Race and Public Policy. 3 p.m. talk followed by reception. Cardinal Room, SCE. 312-413-7940

Black History Makers Award Ceremony
Honoring UIC alumni, faculty, staff and students. 3 p.m. East Terrace, SCE

SPECIAL EVENTS

March 1

UIC String Orchestra
Performance, 7 p.m. Gottlieb Hall, Merit School of Music, 38 S. Peoria St.

March 5

“Tuesdays-at-One”
Avalon String Quartet with Gene Collerd. Chamber music ensemble performs with Collerd, UIC professor emeritus and music coordinator. 1 p.m. L060 EPASW

March 6

“Tuesdays-at-One”
Avalon String Quartet with Gene Collerd. Chamber music ensemble performs with Collerd, UIC professor emeritus and music coordinator. 1 p.m. L060 EPASW

EXHIBITS

Through March 9

“Observer Effect”
Exhibit examines how artwork incorporates processes akin to the scientific method to examine phenomena. Curated by Carrie Gundersdorf and Lorelei Stewart. Exhibit hours, 10 a.m.-6 p.m. Tues.-Fri., noon-6 p.m. Sat. Gallery 400, ADH. 312-996-6114

Through May 31

“Gregor Johann Mendel: Science, Beliefs and Politics”
Curated by the Mendel Museum of Masaryk University and sponsored by the Consulate General of Czech Republic in Chicago. Daley Library, 1st floor. 312-413-0394

March 5

“Advanced Searching for Nurses”
Online library workshop. 4-5 p.m. Register at http://library.uic.edu

LECTURES/SEMINARS/CONFERENCES

March 5

“Exploring Entrepreneurial Career Paths”
Webinar sponsored by the Alumni Career Center. 7-8 p.m. Alumni, free; others, $45. Register at http://bit.ly/VRf2te

March 11

“Moving on the Evidence-Based Policy: Experiments Versus the Modelling of Society”
Nancy Cartwright, UIC alumna and professor at Durham University and University of California, San Diego. Thalberg Memorial Lecture, sponsored by the philosophy department. 3:30 p.m. Institute for the Humanities, lower level, SH

For more UIC events, visit www.events.uic.edu
Rebuilding homes, community after Hurricane Sandy

By Matt O’Connor

Last October, the world watched as Hurricane Sandy tore through the lives and homes of those in New York and New Jersey.

The Hurricane, dubbed “Frankenstorm,” caused nearly $19 billion in damages to New York City alone, prompting massive recovery efforts in the region.

Among the volunteers were 15 students from the UIC Levine Hillel Center, who spent three days of their winter break helping to rebuild the community in the Brighton Beach neighborhood of Brooklyn.

Leah Edelman, a sophomore studying computer graphics, was one student who chose to give back, when she could have easily kicked back after a long fall semester.

“I’m pretty big on community service, I’ve been volunteering for things since high school, but I’ve never really done anything like this, so hands-on before,” Edelman said.

Sean Jacobs, a sophomore in public administration/public affairs, also made the trip.

“My whole life I’ve been raised to give back,” Jacobs said. “I personally like going about my life helping others and improving other people’s lives.”

Wearing masks and gloves, the group was tasked with deconstructing the water-damaged area.

“It came naturally to me — I was able to just tear apart a wall,” Edelman said. “I didn’t even need tools, I was really surprised.”

Students got on their hands and knees to gut a water-logged Jewish synagogue riddled with mold and structural wall and ceiling damage.

Individual homes in the area were also deconstructed, stripping the houses of intolerable mold and foundational issues.

The second day of the trip, students helped a family with five children. Their appreciation made a lasting impression.

The mother “was just overcome with gratitude, she was almost crying,” Edelman said. “She was so appreciative she bought us all pizza for lunch. That was the first time I had New York pizza.”

While there were many firsts for the volunteer group, the dedication of other volunteers created a unique sense of perspective for Jacobs.

“We were just there for a couple of days, but some people are making a full-time commitment helping people get back on their feet,” he said. “It ended up being a life-changing experience.”

Small efforts can often mean the most, and it is arguably groups like these that inspire others to do the same.

“I think it’s important for all students to take initiative,” Edelman said. “When something happens in the world, we have to ask ourselves, ‘what is our responsibility?’”

Ahmed Ali, a senior in political science, interned with the U.S. Embassy in Madrid last summer. Ali worked in public affairs, helping with ambassadorial media appearances, program implementation and conducting analysis on various reporting trends.

“Entering the foreign service is definitely a career goal — and that is something I say based on my experience abroad with a distinctive U.S. mission,” Ali said. “It is very different than what it seems, and there is a lot of sacrifice that one cannot experience unless they start working for a mission abroad.”

Ali had a keen interest in the Brazilian consulate’s duties.

“Besides Brazilian citizen services, there is a strong focus on economic ties between Brazil and the Midwest region, as well as tourism,” Ali said.

“This event helped me witness how foreign diplomats practice their job in our country. It certainly brought back memories of my internship.”

Foreign service career gives students world of possibilities

By Salwa Shameem

“The life of a foreign diplomat isn’t glamorous, but it is rewarding,” Brazilian consul general Paulo Comargo says.

“I chose to be a diplomat when I was very young,” he said. “I liked languages, travel and meeting different people. You will not be rich and you will live a modest life — but if you go into foreign service you will not regret it.”

Comargo detailed his diplomatic responsibility of fostering a deeper and more dynamic relationship with the U.S., especially with Chicago and the Midwest.

As an emerging economic power, Brazil has undertaken several foreign policy measures to build a lasting alliance with the U.S. by promoting trade, academic student exchanges and cultural exhibitions.

Brazil’s most prominent educational endeavor in the U.S. is the Brazilian Scientific Mobility Program, which provides undergraduate Brazilian students studying mathematics, science, engineering, or technology with scholarships to promote innovation in Brazil.

“The speed of changes in technology and innovation require a relationship between researchers, labs and institutions,” Comargo said.

Comargo hopes to build a bridge of scientific progress and learning between Brazilian and U.S. universities. The program intends to give 100,000 Brazilian students a chance to pursue innovation studies in the U.S.

“Our goal is to strengthen bilateral and multilateral ties. The new economic cornerstone is not the factory but the university — where knowledge and ideas are exchanged,” he said.

Ahmed Ali, a senior in political science, interned with the U.S. Embassy in Madrid last summer. Ali worked in public affairs, helping with ambassadorial media appearances, program implementation and conducting analysis on various reporting trends.

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“This event helped me witness how foreign diplomats practice their job in our country. It certainly brought back memories of my internship.”

Salwa Shameem is a senior in political science.
deaths

Ward W. Weldon, educational policy studies

A memorial service will be held Monday for Ward W. Weldon, 77, associate professor of educational policy studies, who died Feb. 12 after a stroke.

The service will begin at 1 p.m. in the Illinois Room, Student Center East.

One of the College of Education’s longest-serving faculty members, he joined UIC in 1969. An expert in school finance, his research focused on school improvement and the financial support of school reform, as well as how school programs contribute to student achievement.

“He always told us he wanted to leave this earth while doing what he loved best — teaching and working with students — and that is exactly what he did,” said Victoria Chou, dean of the College of Education.

“Ward was my teacher here about 25 years ago,” said Joshua Radinsky, associate professor of curriculum and instruction.

“When I first came to work at UIC many years later, he not only remembered me, he also remembered a paper I had written in his class, and asked me about my journey in between.”

Weldon left high school early to attend Graceland College, then moved to Colombia to teach English. He then traveled to Germany, where he helped build housing for Hungarian refugees. After that, he joined the Marines.

After military service, Weldon earned a bachelor’s in journalism from the University of Kansas and a master’s degree in public relations from the University of Iowa. He worked as a public information director and editor at several organizations, including Evanston Township High School and the National Foundation for Funeral Service, before earning an MBA from the University of Chicago and a Ph.D. in education from Northwestern University.

Weldon was the author of more than 35 published journal articles, contributed several chapters to textbooks and co-authored another book.

He was a consultant and teacher around the world and his research was funded by the World Bank, Asian Development Bank, U.S. Agency for International Development and other organizations.

He was a consultant for several Chicago schools and the Cook County correctional system.

The College of Education has established a scholarship in his name. Send contributions to: Dr. Ward Weldon Scholarship Fund, Office of Advancement (MC 309), 1040 W. Harrison, Suite 4018, Chicago, IL 60607.

For more information, contact Helen Drew at heubanks@uic.edu or 312-996-8032.

police

UIC Police emergency: 312-355-5555
Nonemergency: 312-996-2830

Feb. 18-24

Crimes reported to UIC Police

Feb. 21: A man was arrested for theft at 10:35 a.m. at the UIC Police Station.

Feb. 22: A woman was arrested for criminal trespass at 11:33 p.m. at the Physical Education Building.

Feb. 23: A man was arrested for criminal trespass at 2:45 p.m. at the hospital.

Feb. 24: A man was arrested for criminal trespass at 8:58 p.m. at Student Residence and Commons-South.


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By Brian Flood

Moderate intoxication may help a person notice minor changes in a visual scene, UIC researchers report.

During tests of “change blindness,” the inability to notice minor changes, intoxicated participants detected as many changes as sober subjects and with shorter response times.

“Both the sober and drunk people find the same number of changes, but drunk people find them faster,” says Jennifer Wiley, professor of psychology and the study’s senior author.

The study, published online in the journal Consciousness and Cognition, includes two experiments.

In the first experiment, 48 males were given a baseline task-set to make sure the drinking and non-drinking groups were equal at the outset. The drinking group subjects then watched an animated movie while consuming vodka and cranberry juice, until they reached approximately .08 percent blood alcohol content — legal intoxication. The nondrinking group watched the same movie.

Researchers then challenged each group using a flicker paradigm (going back and forth between two versions of the same image with one small change) in eight rounds of the test. Each round featured an everyday setting, such as a farmers’ market or office. Participants had to indicate when they noticed an item change and identify the change.

People typically used one of two strategies, Wiley said.

“As western readers in the U.S., we usually start at the top-left corner and scan back and forth looking for anything that might be changing,” she said.

An alternative method involves waiting for the change to “pop out.”

“Our suspicion is that the sober people are using a more systematic, methodical strategy, and the drunk people are waiting for the ‘pop out,’” Wiley said.

A second experiment, using working memory tasks — which require focused attention — proved more difficult for the intoxicated group.

These tests require remembering sequences of letters or shapes while performing another task, such as solving a math problem, at the same time.

“These tests require you to go back and forth between two tasks, which means you need to be directing your attention,” Wiley said. “So there is a lot of updating, and a lot of back and forth. Drunk people are less able to do this, and they did 15 to 30 percent worse on these tasks.”

The study was funded by a UIC Provost’s Research Award, an American Psychological Association Dissertation Research Award and a UIC Institute for Health Research & Policy Seed Grant Award.

bflood@uic.edu
Flames steal win in close contest

By Mike Laninga

The women's basketball team (9-16, 5-7) picked up its second consecutive Horizon League win Saturday with a 76-74 triumph against third-place Detroit.

Eight lead changes and four ties in the final four minutes gave both teams the opportunity for victory, but a wide-open layup by sophomore Gisselle Truiett with 20 seconds left and a Flames' defensive stop sealed the outcome. Junior Rachel Story posted a game-high 22 points to notch her eighth 20-point outing of the season.

"I thought we played with a lot of passion," head coach Regina Miller said. "It was a true team effort and I'm very pleased with how we executed our post defense."

Junior Emily Kobel tied a career high with 17 points, sinking four three pointers, including three in the second half.

"Emily knows if she's open, she has the green light," Miller said. "She hit some huge shots for us tonight and really stepped up her play."

Redshirt junior Katie Hannemann added 16 points to UIC's total.

Senior Taylor Foulks recorded her third game of the season with double-digit rebounds, leading all players with 10 boards. Foulks' seven points leaves her just 12 shy of 1,000 for her career.

Both teams struggled to find the basket in the early going as they combined for just two buckets in the first five minutes of play. The Titans went on a 10-0 run and pulled ahead of UIC, 15-4, with 12 minutes left in the period.

Later in the half, the Flames went on an 11-2 run, capped off by Kobel's three-pointer, which gave UIC its first lead of the game, 30-28, with less than three minutes left.

The advantage was short lived as Detroit responded by scoring the final 10 points of the half to jump ahead, 38-30, at the break.

The Flames cut Detroit's lead to four points with 16 minutes left in the second half, but the Titans' Demeisha Fambro put up seven straight points to give UIC its first lead of the game, 59-57, with just over eight minutes left to play.

The Flames held the lead until the 3:44 mark when the Titans scored to jump ahead by one. That's when both teams battled for their career.

Kobel secured the inbounds pass and was fouled with just 0.2 on the clock, leaving Detroit with a three-quarter court heave that fell short.

UIC faces No. 2 Youngstown State at 6 p.m. Thursday.

Player of the week honors

Hannemann was named the Horizon League Women's Basketball Co-Player of the Week, along with Green Bay's Megan Lukau. Hannemann was also named League Player of the Week by CollegeSportsMadness.com.

The center averaged 25.5 points and 9.5 rebounds in two home victories last week.

"Over the course of the season she has undoubtedly become one of the top post players in the league, if not one of the best overall players," Miller said.

Women's gymnastics captures first place

By Laura White

With first-place finishes on the vault (48.975) and beam (48.325) the women's gymnastics team captured the crown Sunday in a quadrangular meet against Midwest Independence Conference (MIC) foes Texas Women's University and Centenary, along with Air Force. The Flames posted a 193.800 team score.

"It was an exciting mini-conference preview meet," co-head coach Peter Jansson said.

Host team Texas Women's University placed second with a 193.575, while Centenary finished third (191.625) ahead of fourth-place Air Force with a 191.225. With the victory, the Flames are now 3-1 in the MIC.

Senior Chantel Turk led the Flames on vault, placing second with a 9.850. Catherine Dion paced UIC on the parallel bars, finishing fourth with a 9.825.

Alyssa Cruz lifted the team to a first-place finish on the beam (9.725).

Turk posted a 9.850 on the floor to claim second place. Cruz and Gabrielle May tied for third on the vault with a 9.800. May finished second in the all-around (38.800), just .50 points behind Centenary's Robyn Price.

The team hosts Western Michigan at 5 p.m. Saturday.

Victory for tennis team

For the second consecutive season, the women's tennis team (5-1) came out on top of its contest with Western Michigan.

The Flames captured a 4-3 victory Saturday to take their second all-time win over the Broncos.

Western Michigan won the first point after taking two doubles matches. Haley Craig and Mariana Palacios (No. 1) and Kathryn Sharples and Jana Knoppe (No. 2) fell to their opponents, 8-5. Natalia Kovakina and Ann-Sophie Hahn (No. 3) won, 8-1, over Kelsey King and Hailey Shanahan.

UIC fought back in singles, winning four straight-set matches to secure the win. Sharples produced the first win at No. 4, 6-0, 6-1. Keti Mebake took the second at No. 6, 6-3, 6-3.

To close out the match, Craig brought down Nini Sujashvili at No. 1, 6-4, 6-1, and Palacios toppled Jill Pastunink, No. 3, 6-2, 6-3.

Knoppe took her match at No. 5 against King to three sets, but ultimately fell, 6-4, 3-6, 7-5. Kuvakina suffered a 6-2, 6-1 loss at No. 2 to Maggie Remyse.

The Flames stay on the road for a match against Illinois State Saturday. Competition is set to start at 1 p.m. in Normal at Evergreen Racquet Club.

Baseball takes series win

The baseball team (3-3) picked up a series win at Santa Clara (3-4) after splitting a doubleheader Saturday at Schott Stadium.

The Flames dropped the second game, 10-3, but triumphed in the third match, 15-8. UIC's bats came alive as the team combined for 28 hits throughout both contests.

The team won its Friday match against Santa Clara, 5-3.

"We are very happy with the weekend," head coach Mike Dee said. "Winning a series on the west coast in February is a tough thing to do. We took a big step forward at the plate this weekend and continued to play good defense. This team has strong character that will undoubtedly continue to strengthen as the season progresses."

The Flames return to action Friday, traveling to No. 2 Vanderbilt for a three-game series.